

Quarry Lake

Scale 1:7500

Contours 5m

Forest Training
April 23, 2017

Sunday, April 23			
Int. / Advanced	5.3 km		
Attackpoints	Training		
▷	↙	↘	
1	79	○	○
2	92	↙ ●	⊎
3	93	↗	
4	78	⊙	↗
5	72	∇	
6	90	∪	
7	73	●	

8	77	↗ ●		
9	76	∇		
10	89	●		
11	74	∪		
12	88	⊙		
13	81	⊙		⊙
14	95	↘ ●		⊎
15	94	∇		⊙
16	86	↙	↘	
17	85	↘		⊎

18	84	∧		⊎
19	83	∇		
20	91	○		
21	82	○		⊎
22	87	●		
23	80	⊙		⊎
24	88	⊙		
25	71	⊎		↘
○ <	250 m	> ⊙		

